

# Dr. V. Anuhya, MDS

- ✓ **Consultant – Prosthodontics, FMS Dental Hospitals, Hyderabad**
- ✓ **Associate Professor, Department of Prosthodontics, Sri Sai College of Dental Surgery, Vikarabad**

## Executive Profile

Dr. V. Anuhya is an accomplished Prosthodontist and Implantologist with extensive experience in restorative and rehabilitative dentistry. With a strong focus on precision-driven prosthetic solutions, she specializes in restoring function, esthetics, and overall oral harmony through advanced prosthodontic techniques.

At FMS Dental Hospitals, she is actively involved in delivering comprehensive rehabilitation treatments, including crowns, bridges, implant-supported prostheses, and full-mouth reconstructions. Her clinical approach integrates meticulous treatment planning, occlusal harmony, and patient-centric care to achieve predictable and long-lasting outcomes.

Alongside her clinical practice, Dr. Anuhya has significant academic experience as a Reader, contributing to the training and development of undergraduate and postgraduate students. Her professional journey reflects a balance of clinical excellence, academic contribution, and continuous learning in evolving prosthodontic technologies.

## Academic Qualifications

- ✓ **Master of Dental Surgery (MDS) – Prosthodontics & Implantology**  
MNR Dental College & Hospital, Sangareddy (2016)  
Dr. NTR University of Health Sciences
- ✓ **Bachelor of Dental Surgery (BDS)**  
Mamatha Dental College, Khammam (2007 – 2012)  
Dr. NTR University of Health Sciences

## Professional Experience

- ✓ Consultant Prosthodontist, FMS Dental Hospitals (2024 – Present)
- ✓ Reader, Sri Sai College of Dental Surgery (2024 – Present)
- ✓ Senior Lecturer, Malla Reddy Dental College for Women (2019 – 2024)
- ✓ Senior Dentist, Esha Dental Clinic, Kondapur
- ✓ Early clinical experience at Kukatpally Dental Hospital

## Core Clinical Expertise

Dr. Anuhya's clinical expertise encompasses advanced prosthodontic and restorative treatments, including:

- ✓ Crowns and bridges (fixed prosthodontics)
- ✓ Implant-supported prostheses and overdentures

- ✓ Full mouth rehabilitation and occlusal reconstruction
- ✓ Smile designing and esthetic dental restorations
- ✓ Management of bruxism and occlusal disorders
- ✓ TMJ-related prosthetic considerations
- ✓ Pre-prosthetic planning and interdisciplinary rehabilitation

## **Clinical Case Experience**

Dr. Anuhya has successfully managed a wide spectrum of restorative and rehabilitative cases, including:

- ✓ Complex full-mouth rehabilitation cases involving occlusal correction
- ✓ Implant-supported restorations for partial and complete edentulism
- ✓ Esthetic smile transformations using prosthetic solutions
- ✓ Management of worn dentition and bruxism-related cases
- ✓ Multidisciplinary cases involving prosthodontics, periodontics, and implantology

Her clinical approach emphasizes functional stability, esthetic excellence, and long-term durability of restorations.

## **Advanced Training & Continuing Education**

Dr. Anuhya has actively participated in various advanced training programs and workshops, including:

- ✓ Implantology and implant-supported overdentures (ICOI)
- ✓ Advanced impression techniques in prosthodontics
- ✓ TMJ and occlusion-focused workshops
- ✓ Maxillofacial defect rehabilitation approaches
- ✓ Balanced occlusion and denture contouring techniques

She remains committed to staying updated with advancements in prosthodontic materials, digital workflows, and implant rehabilitation.

## Research & Publications

Dr. Anuha has contributed to academic research and scientific literature in prosthodontics and interdisciplinary dentistry.

S. No.	Authors	Title	Journal	Year	Volume/Issue	Pages
1	Reddy SV et al.	Bruxism: A literature review	Journal of International Oral Health	2014	6(6)	1-5
2		Effect of goal-oriented patient-centric healthcare professional intervention on blood glucose control in type 2 diabetes mellitus and level of patient satisfaction	Georgian Medical News	2023	No. 12(345)	
3		Role of VELscope in early detection of dysplasias with a light on its limitations: A case series	Afr.j.bio.sc.	2024	6(7)	
4		Role of a novel device "DrOroscope" in the early diagnosis of oral potentially malignant disorders and dysplasia: a case series	Nigerian Journal of Basic and Clinical Sciences	2024		

## Academic Presentations

- ✓ Fiber reinforced composites – IPS PG Convention
- ✓ Occlusal splints – IPS National Conference
- ✓ FRC prosthesis (multidisciplinary approach) – IPS Conference
- ✓ Probiotics in prosthodontics – IPS PG Convention

## Dissertation

- ✓ Surface treatment and storage conditions affecting tissue conditioners – an in vitro study

## Professional Memberships

- ✓ Member – Indian Prosthodontic Society (IPS)

## Teaching & Mentorship

Dr. Anuhya is an experienced academician with a strong commitment to dental education:

- ✓ Teaching undergraduate and postgraduate students in prosthodontics
- ✓ Conducting lectures, clinical demonstrations, and case discussions
- ✓ Mentoring students in restorative and rehabilitative procedures
- ✓ Promoting structured, evidence-based treatment planning

### **Clinical Philosophy**

Dr. Anuhya believes that prosthodontics is the cornerstone of functional and aesthetic dental rehabilitation. Her philosophy emphasizes:

- ✓ Comprehensive diagnosis and occlusion-driven treatment planning
- ✓ Precision in execution and attention to detail
- ✓ Integration of aesthetics with functional stability
- ✓ Use of advanced materials and techniques for longevity
- ✓ Patient-centered care focused on comfort and satisfaction

### **Professional & Academic Contribution**

- ✓ Active participation in prosthodontic conferences and academic forums
- ✓ Contribution to interdisciplinary dental care approaches
- ✓ Engagement in continuous professional development
- ✓ Dedication to advancing prosthodontic education and clinical standards