

Dr. Preeti Krishnan, MDS

- ✓ **Senior Consultant – Periodontics, FMS Dental Hospitals**
- ✓ **Associate Professor – Periodontics, Sri Sai College of Dental Surgery (SSCDs), Vikarabad**

Executive Profile

Dr. Preeti Krishnan is a highly accomplished **periodontist, academician, and clinical consultant** with over **12 years of experience** in advanced periodontal therapy, regenerative procedures, and multidisciplinary dental care. Recognized for her precision and patient-centric approach, she specializes in **laser-assisted periodontal therapy, minimally invasive surgical techniques, and periodontal regeneration**.

Her clinical expertise lies in managing complex periodontal conditions through a combination of **evidence-based protocols, advanced surgical techniques, and interdisciplinary treatment planning**, ensuring optimal functional and aesthetic outcomes.

In addition to her clinical excellence, Dr. Preeti plays a pivotal role in **clinical operations and hospital management**, overseeing workflow systems, team coordination, and patient care delivery in a high-volume multispecialty environment.

An active researcher and mentor, she has contributed extensively to academic dentistry through multiple peer-reviewed publications and postgraduate training, reflecting a strong commitment to **evidence-based periodontal practice and continuous learning**.

Academic Qualifications

- ✓ **Master of Dental Surgery (MDS) – Periodontology**
SMBT Dental College & Post Graduate Research Centre, Sangamner
Maharashtra University of Health Sciences (MUHS), Nashik – 2014
University First Rank | Gold Medalist
- ✓ **Bachelor of Dental Surgery (BDS)**
VSPM Dental College & Research Centre, Nagpur
MUHS, Nashik – 2009
Distinction in Periodontics | IDA Academic Awards (Top Rank in multiple years)

Additional Certifications

- ✓ Certificate Course – *Understanding Clinical Research: Behind the Statistics*
University of Cape Town
- ✓ Certificate Course – *Global Health: An Interdisciplinary Overview*
University of Geneva
- ✓ Ongoing Training – Biostatistics & Medical Research Analysis

Professional Experience

Associate Professor – Periodontics, Sri Sai College of Dental Surgery (2014 – Present)

- ✓ Deliver undergraduate and postgraduate education in periodontology
- ✓ Mentor postgraduate students in clinical case management and research
- ✓ Conduct lectures, seminars, and continuing dental education (CDE) programs
- ✓ Involved in curriculum delivery, clinical supervision, and research methodology

Senior Consultant – Periodontics, FMS Dental Hospitals (2014 – Present)

- ✓ Provide advanced periodontal and multidisciplinary dental care
- ✓ Perform surgical and regenerative periodontal procedures
- ✓ Implement laser-assisted, minimally invasive treatment protocols
- ✓ Collaborate in interdisciplinary treatment planning for complex cases

Operational Leadership

Dr. Preeti brings strong administrative and leadership capabilities, including:

- ✓ Clinic operations management
- ✓ Multidisciplinary team coordination
- ✓ Patient flow and workflow optimization
- ✓ Resource planning and inventory management
- ✓ Enhancing clinical efficiency and quality of care delivery

Core Clinical Expertise

Dr. Preeti's clinical proficiency includes:

- ✓ Comprehensive periodontal diagnosis and treatment planning
- ✓ Surgical periodontology and regenerative procedures
- ✓ Laser-assisted periodontal therapy (LANAP protocols)
- ✓ Aesthetic and pre-prosthetic periodontal surgeries
- ✓ Interdisciplinary case management
- ✓ Supportive periodontal maintenance programs

Clinical Case Experience

Dr. Preeti has extensive experience in managing a wide range of periodontal and multidisciplinary cases, including:

Periodontal Procedures

- ✓ Scaling and Root Planing (SRP)
- ✓ Flap surgeries and crown lengthening
- ✓ Regenerative procedures (bone grafts, PRF, membranes)

- ✓ Laser-assisted hard and soft tissue procedures
- ✓ Aesthetic periodontal surgeries
- ✓ Supportive periodontal therapy and maintenance

Comprehensive Dental Care

- ✓ Diagnosis and treatment planning
- ✓ Preventive and restorative dental procedures
- ✓ Minor surgical procedures and routine extractions
- ✓ Interdisciplinary case coordination

Her clinical approach emphasizes **minimally invasive care, tissue preservation, and long-term periodontal stability.**

Advanced Training & Continuing Education

Dr. Preeti actively participates in advanced training programs to stay at the forefront of periodontal innovation:

- ✓ Microsurgery Workshop – Soft Tissue Management
AIIMS, New Delhi (2024)
- ✓ Workshop – Stem Cell Applications in Periodontal Regeneration
- ✓ Workshop – Biostatistics & Research Methodology

Research & Publications

Dr. Preeti is an active researcher with multiple publications in reputed national and international journals, including:

S. No.	Title	Journal / Source	Year / Details
1	Periodontal Therapy in Orthodontics – A Case Series	International Journal of Contemporary Dentistry	2013; April; 4(1)
2	Evaluation & Comparison of Periodontal Risk with 3 Different Risk Assessment Models – A Cross-Sectional Study	Journal of Applied Dental & Medical Sciences	2016; 2(3): July–Sep
3	Comparative Evaluation of CD4/CD8 Ratio and Absolute Eosinophil Count in Chronic Periodontitis Patients Versus Healthy Subjects – A Clinic Biochemical Study	Scholars Academic Journal of Biosciences	2017; 5(12): 881–884
4	Comparative Evaluation of Hemodynamic, Vasoconstrictive and SpO ₂ Variability During Different Stages of Periodontal Surgery Using 0.5% Ropivacaine or 2% Lignocaine HCl (1:80000	Journal of Indian Society of Periodontology	2018; 22(3): 243–248

S. No.	Title	Journal / Source	Year / Details
	Adrenaline) – A Randomized Double Blind Split Mouth Pilot Study		
5	Comparison of Manual Versus Powered Toothbrushes on Plaque Control and Reduction of Gingivitis – A Randomized Controlled Clinical Pilot Study	Journal of Dental Science and Research	2018; 8(1): 19–21
6	Radiographic Evaluation of Bone Density in Completely and Partially Edentulous Patients in Riyadh, KSA	Nigerian Journal of Clinical Practice	2020; 23(2): 258–265
7	Evaluation of Deoxypyridinoline Levels in Gingival Crevicular Fluid and Serum as Alveolar Bone Loss Biomarker in Patients with Periodontitis	Journal of Indian Society of Periodontology	2020; 24: 322–328
8	Periodontal Approach in the Management of Alveolar Cleft	Journal of Indian Society of Periodontology	2020; 24: 481–485
9	The Association of Matrix Metalloproteinase Gene Polymorphism and Periodontitis: An Overview	Journal of Pharmacy and Bioallied Sciences	2022; 33: 301–316
10	Evaluation of Serum and Gingival Crevicular Fluid Levels of Vitamin D Binding Protein in Subjects with Clinically Healthy Periodontium and Chronic Periodontitis: A Clinic Biochemical Study	Indian Journal of Dental Research	2022; 33: 301–316
11	Comparative Evaluation of Vestibular Incision Subperiosteal Tunnel Access (VISTA) Technique With and Without Advanced Platelet-Rich Fibrin for Treatment of Maxillary Anterior Gingival Recessions	International Journal of Periodontics and Restorative Dentistry	2023; 43: 725–733
12	Comparative Evaluation of Serum and Gingival Crevicular Fluid Levels of Interleukin 21 in Periodontally Diseased and Healthy Patients	Journal of Circulating Biomarkers	2024; 20: 13–14:22

Her work reflects a strong emphasis on **clinical research integration and evidence-based practice**.

Professional Memberships

- ✓ Member – Indian Society of Periodontology

Teaching & Mentorship

A dedicated academician, Dr. Preeti contributes extensively to dental education:

- ✓ Undergraduate and postgraduate clinical training
- ✓ Postgraduate thesis mentorship (MDS – Periodontics)
- ✓ Mentor–mentee academic development programs
- ✓ Conducting CDE lectures and academic sessions
- ✓ Participation in national and international conferences

Leadership in Dental Healthcare

Dr. Preeti is recognized for her leadership in clinical and academic settings:

- ✓ Leading multidisciplinary teams in multispecialty practices
- ✓ Streamlining patient care systems and workflows
- ✓ Enhancing operational efficiency through structured coordination
- ✓ Managing clinical resources and quality standards

Clinical Philosophy

Dr. Preeti believes that periodontal health is foundational to overall oral wellness. Her philosophy emphasizes:

- ✓ Early diagnosis and preventive care
- ✓ Minimally invasive and regenerative treatment approaches
- ✓ Integration of advanced technologies such as lasers
- ✓ Multidisciplinary collaboration for comprehensive care
- ✓ Long-term maintenance and patient education

Extracurricular & Cultural Achievements

Beyond dentistry, Dr. Preeti is an accomplished artist:

- ✓ Diploma in Kathak
- ✓ Doordarshan-graded Kathak artist
- ✓ Contributor to cultural and performing arts education programs
- ✓ Active participant in institutional cultural initiatives

Consultation

Patients seeking expert care in **periodontal therapy, gum health, and regenerative procedures** can consult **Dr. Preeti Krishnan** at FMS Dental Hospitals, A.S. Rao Nagar, Hyderabad.